



PREPARING FOR INJECTABLE FILLER AND/OR SCULPTRA

1. Stop taking anticoagulant drugs, aspirin, ibuprofen (Motrin, Advil), naproxen sodium (Aleve, Naprosyn), meloxicam, diclofenac or other anti-inflammatory medications, vitamin C & E, fish oils, omega 3 fatty acids, ginger tablets, garlic tablets, ginkgo tablets and herbal products for 1 week before and 1 week after the injections.
2. Tell Dr. Hugo or Pat Briggs, RN if you are taking cortisone tablets, immunosuppressant medicines or have a history of multiple severe allergies or anaphylaxis.
3. Cold sores can be activated by injections, especially near your lips. If you have a history of cold sores, inform Dr. Hugo so that he can discuss preventative medication. Call the office if you develop a cold sore or feel one developing before or after your injection.
4. You should postpone injectable filler treatment if you are experiencing any active inflammatory processes such as rashes, hives, pimples, or cold sores in or close to the injection area.
5. Please do not wear lipstick, foundation, creams, lotions, perfumes or cologne on your entire face. Remove all eye make-up, eyeliner and mascara before treatment.
6. Please arrive promptly to your appointment to allow adequate time for numbing before your injection.